

**Health and Wellbeing Board**

**17 May 2017**

Report of the Corporate Director of Housing, Health and Adult Social Care & the Accountable Officer NHS Vale of York Clinical Commissioning Group.

**Initial Draft Mental Health Strategy for York 2017-2022**

**Summary**

1. This report presents an Initial Draft Mental Health Strategy for York 2017 -2022 for consideration and discussion by the Health and Wellbeing Board (HWBB).
2. The Board are asked to consider the draft strategy, recommend amendments and agree to further public and stakeholder consultation.

**Background**

3. The Health and Wellbeing Board's Strategy for 2017-22 identified four principal themes to be addressed. One of these themes was Mental Health and Wellbeing and the key priority for that theme was to get better at spotting the early signs of mental ill health and intervening early. We also set out other things we wanted to achieve in relation to mental health;
  - Focus on recovery and rehabilitation
  - Improve services for young mothers, children and young people
  - Improve the services for those with learning disabilities
  - Ensure that York becomes a Suicide Safer city
  - Ensure that York is both a mental health and dementia-friendly environment

4. The initial draft strategy and vision for mental health in the City of York is based on that set out in the Department of Health's 2011 publication "No Health without Mental Health"
  - More people will have good mental health
  - More people with mental health problems will recover
  - More people with mental health problems will have good physical health
  - More people will have a positive experience of care and support
  - Fewer people will suffer avoidable harm
  - Fewer people will experience stigma and discrimination.
5. In order to achieve the vision, the initial draft strategy sets out the following key objectives that the Board are asked to consider and agree;
  - Shift the emphasis from mental illness to mental health
  - Move away from stigma, institutionalisation and pre-occupation with risk
  - Focus on early intervention and prevention
  - Ensure that people with mental health issues are able to participate as equal citizens of the community
  - Enable people to take control over their own lives, for example through Personal Budgets and Personal Health Budgets
  - Work collaboratively – in a spirit of co-production - with the whole person, not just the individual's symptoms

### **Main/Key Issues to be Considered**

6. The Board are asked to consider the attached draft strategy and agree the content and vision prior to further public and stakeholder consultation. The vision is included within the attached draft for consideration and will set the direction for a strategic approach to delivering mental health services focused on early intervention and prevention for 2017-2022.

## **Consultation**

7. The draft strategy summarised and attached as Annex A to this report have been subject to discussion and consultation involving the key partner organisations within York. The Board are asked to agree further public and stakeholder consultation as part of the recommendations within this report.

## **Options**

8. There are no options provided within this report.

## **Implications**

9. The Board are advised that the proposal is to undertake a public consultation on the draft strategy following which a further report will be brought back to the Health and Wellbeing Board. We will work with the Mental Health and Learning Disabilities Partnership Board to support the consultation and to develop an action plan to ensure delivery against the mental health strategy. The terms of reference of the Mental Health and Learning Disabilities Partnership Board will be reviewed with a view to the partnership board monitoring the implementation of the strategy and action plan.

## **Recommendations**

10. The Health and Wellbeing Board are asked to consider the initial draft strategy for Mental Health and agree to further public and stakeholder consultation before a final version is submitted to the Board for agreement.

Reason: Health and Wellbeing Board oversight of the Mental Health Strategy.

## Contact Details

### Author:

Gary Brittain  
Head of Commissioning  
Housing, Health and Adult  
Social Care.  
City of York Council  
01904-554099

### Chief Officer Responsible for the report:

Martin Farran  
Corporate Director, Housing, Health and  
Adult Social Care  
City of York Council  
01904-4045

Phil Mettam  
Accountable Officer.  
NHS Vale of York Clinical  
Commissioning Group.

Report  
Approved



Date 6<sup>th</sup> May 2017

### Specialist Implications Officer(s)

None

### Wards Affected:

All

**For further information please contact the author of the report**

### Background Papers:

None

### Annexes

**Annex A – Draft Mental Health Strategy for York 2017-2022**